



Building the bonds of attachment by Daniel A. Hughes
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"A courageous, innovative, and clinically sensitive work, *Building the Bonds of Attachment* illustrates the process of repairing children who have been severely damaged by abuse and neglect. In quasi-novel format, Daniel Hughes focuses on one girl's struggles within the foster care system; by portraying her inner world, he enables us to understand and empathize with the dynamics of reactive attachment disorder. Hughes' approach to treatment comes alive, thanks to the interweaving of narrative with a wealth of clinical information."

Karen B. Walant, Ph.D. - Author, *Creating the Capacity for Attachment*

"Dr. Hughes intersperses insightful commentary with the story of one child's difficult journey through foster care and therapy following early neglect and abuse. The enormous impact of Katie's attachment problems on her relationships with her birth and foster families, her caseworker and therapists, her teachers and friends, is projected comprehensively and compassionately. Excerpts from the diary of Katie's therapeutic foster mum provide a day-by-day reminder of the slow and often discouraging course of progress, even under the best of circumstances. Readable and compelling, this book will be a valuable resource for foster and adoptive parents and for therapists dedicated to helping unattached children recover."

Laurie C. Miller, M.D., - Director, International Adoption Clinic, The Floating Hospital for Children, New England Medical Centre

"Daniel Hughes conveys the inner life of poorly attached children and offers a sound and comprehensive clinical approach to the difficult task of bringing out the child's full humanity. This important contribution to the clinical literature has the added bonus of being as riveting a page-turner as any novel."

Ellen F. Wachtel, Ph.D. - Author, *Treating Troubled Children and Their Families*

"Though recognition of attachment disorder and its tragic consequences has increased, treatment continues to be arduous and profoundly discouraging. *Building the Bonds of Attachment* offers clinicians a sturdy framework and practical strategy for facing these overwhelming cases. Perhaps even more importantly, it will enlighten, affirm, and buoy the adoptive parents, foster families, caseworkers, and teachers who accompany the children on their courageous and daunting journey toward attachment."

Richard Bromfield, Ph.D., Harvard Medical School - Author, *Playing for Real*

